

## **RESOURCE LIST**

### **Find a parish**

Find a parish near you in the Archdiocese of St. Louis

[www.archstl.org/parishes](http://www.archstl.org/parishes)

## **CHARITABLE SERVICES AND SOCIAL JUSTICE**

### **Counseling**

*Catholic Family Services*

(314) 544-3800

Provides professional counseling services to all people within the Archdiocese of St. Louis regardless of race, religion, or national origin. Family Life education provided to parishes, schools, businesses and other groups. Operates outreach centers throughout the Archdiocese that help people with basic needs and those experiencing addictions

*Lifestar*

(573) 382-7220

[lifestarsemo@gmail.com](mailto:lifestarsemo@gmail.com)

LifeStar provides a safe haven for individuals and families struggling with the affects of sexual compulsions and addictions.

*Courage and Encourage*

[www.couragerc.net](http://www.couragerc.net)

(203) 803-1564

Courage, an apostolate of the Catholic Church, ministers to those with same-sex attractions. They have been endorsed by the Pontifical Council for the Family. They also have an outreach called Encourage which ministers to relatives and friends of person with same-sex attractions.

### **Catholic Charities**

Dial HELP

(314) 367-5500

Wide range of resources to assist those in need

### **Homelessness**

*Father Dempsey's Charities*

(314) 535-7221

Transitional housing for the homeless



## **Child and Youth Protection**

*Office of Child and Youth Protection*

[phengen@archstl.org](mailto:phengen@archstl.org)

[www.archstl.org/ocyp](http://www.archstl.org/ocyp)

Serves those who make allegations of sexual abuse or misconduct by a member of the clergy or laity of the archdiocese

## **Immigration**

*Catholic Charities Refugee Services*

(314) 771-2570

## **Foster Care & Adoption**

*Good Shepherd Children and Family Services*

(314) 854-5700

Protects and promotes the welfare of children by providing foster care, adoption, expectant parent counseling, advocacy, boys/girls residential, maternity residential, and youth/family mentoring and support

*Marygrove*

(314) 837-1702

[www.childcentermarygrove.org](http://www.childcentermarygrove.org)

Care for the emotionally disturbed ages 6-19, and overnight emergency care

## **YOUTH MINISTRY**

*Office of Youth Ministry*

[www.stlyouth.org](http://www.stlyouth.org)

Through athletic, scouting, youth, young adult, and retreat ministry programs, the Catholic Youth Apostolate helps all young people hear the Gospel message of Jesus Christ and to help all young people actively respond to the Gospel message and enthusiastically participate in the mission of Jesus Christ and His Church

*Retreats*

[www.reapteam.org](http://www.reapteam.org)

*Catholic Scouting*

[www.catholicscoutingstl.org](http://www.catholicscoutingstl.org)

*Catholic Youth Council - Sports*

[www.cycstl.net](http://www.cycstl.net)

## **DISCERNMENT**

### **Christian Initiation (RCIA)**

(314) 792-7231

worship@archstl.org

Implementation of the Rite of Christian Initiation for Adults

### **Consecrated Life**

(314) 792-7250

www.archstl.org/consecratedlife

Discernment to the religious

### **Diaconate**

*Office of the Permanent Diaconate*

(314) 792-7430

www.archstl.org/diaconateoffice

Recruitment, screening, education, and post-ordination support for deacons

### **Vocation Office**

(314) 768-1827

vocations@archstl.org

www.archstl.org/vocations

Encouraging people to be active in the promotion of vocations

## **YOUNG ADULTS**

*Spirit and Truth*

www.spiritandtruthstl.org

Bringing young adults into a deep relationship with Christ through worship of Jesus in the Blessed Sacrament, study of Church teachings and Sacred Scripture, and celebrations of Catholic traditions

## **DEVOTIONAL LIFE**

### **Eucharistic Adoration**

*Archbishop's Committee on Eucharistic Adoration*

(Office of Worship: (314) 792-7230)

www.archstl.org/adoration

*Legion of 1000 Adorers*

(314) 962-0038

Spiritual organization of people who make weekly visits to Pink Sisters/Carmelite Sister Chapels

## **Spiritual Exercises**

*Christian Life Community of the US of America*  
info@clc-usa.org  
www.clc-usa.org

## **Contemplative Prayer**

*Contemplative Outreach of St. Louis*  
(314) 918-8288  
www.centeringprayerstl.com  
Adult spiritual formation and prayer in a contemplative dimension

## **SPIRITUAL RENEWAL AND FAITH FORMATION**

### **Spiritual Guidance and/or Healing Prayer**

*Catholic Renewal Center*  
Janeguenther@archstl.org  
(314) 427-7786

Call for a referral for an approved spiritual mentor/director. They also host local and regional conferences, small group retreats and workshops, bible study and leadership support to prayer groups

### **Retreats**

*Il Ritiro (The Little Retreat)*  
(636) 274-0554

Private, group, and directed retreats and days of recollection for religious/lay/clergy

### *Cursillo Movement*

cursillostl@gmail.com  
www.natl-cursillo.org/stlouis  
Specific strategy for living Christian life

### *Mary the Font Solitude*

(636) 677-3235  
Individual hermitages for private retreats. All meals and facilities provided.

## **St. Charles Lwanga Center**

(314) 367-7929  
[info@lwangacenter.org](mailto:info@lwangacenter.org)  
[www.archstl.org/lwangacenter](http://www.archstl.org/lwangacenter)

A spiritual formation center that serves the African American Catholic Community and beyond, provides leadership and development for adults and youth, weekend marriage prep, weekly Bible study, weekly Mass, retreats and days of recollection, pastoral care, resource/research room, consultation services and ministry of consolation training and support.

## **Men's and Women's Renewal Conferences**

*Catholic Men For Christ*  
catholicmenforchrist.org

*Catholic Women For Christ*  
catholicwomenforchrist.org

[michaelrennier@archstl.org](mailto:michaelrennier@archstl.org)  
(314) 792-7026

Annual, 1-day conferences equipping men and women in the Christian life through fellowship, worship, and teaching

## **Faith Formation and Catechesis**

*Paul VI Institute*

[paul6@archstl.org](mailto:paul6@archstl.org)  
(314) 792-7450

Courses offered by the Archdiocese of St. Louis to help individuals grow in their Faith while fitting course work into a schedule tailored around their family and professional life

## **Opus Dei Prelature**

Opus Dei is a Catholic institution founded by Saint Josemaría Escrivá. Its mission is to spread the message that work and the circumstances of everyday life are occasions for growing closer to God, for serving others, and for improving society.

*Wespine Study Center for Men*

(314) 821-1608

*Lindell Study Center for Women*

(314) 822-3627

## **MARRIAGE**

### **Marriage Preparation**

(314) 792-7182

susanh@archstl.org  
www.stlcatholics.org

Provides classes in a variety of formats, serving 3,000 engaged people each year. The office supports and promotes five additional programs to meet the diverse needs of the engaged.

### **Office of Natural Family Planning**

(314) 997-7576

diane.daly@mercy.net  
www.stlouisnfp.org

Barring any medical problems, men are always fertile. Women alternate between periods of fertility and infertility. By cooperating with this cycle, couples achieve or avoid pregnancy with greater effectiveness than morally illicit methods. Four methods are taught in the Archdiocese.

### **Marriage Enrichment**

*Office of Laity and Family Life*

[Debmeister@archstl.org](mailto:Debmeister@archstl.org)  
(314) 792-7151

Various resources and knowledge of local events in the St. Louis area

*Worldwide Marriage Encounter*

(314) 469-7317

[www.stl-wwme.org](http://www.stl-wwme.org)

A weekend for couples to rediscover their relationship

## **Help For Troubled Marriages**

*Retrouvaille (Rediscovery)*

(314) 453-0110

[www.helpourmarriage.com](http://www.helpourmarriage.com)

Helps couples to heal and renew relationship

[The Institute for Marital Healing](http://www.maritalhealing.com)

[www.maritalhealing.com](http://www.maritalhealing.com)

Works to strengthen Catholic marriages and families by educating spouses, marital therapists, and clergy about common causes of conflicts

## **DIVORCE AND ANNULMENT**

### **Annulments**

*Metropolitan Tribunal*

(314) 792-7400

[www.archstl.org/tribunal](http://www.archstl.org/tribunal)

For anyone who is divorced, the website provides some basic information about the annulment process. For additional information, call the Tribunal.

### **Outreach to the Divorced and Separated**

*Office of Laity and Family Life*

[sethjansen@archstl.org](mailto:sethjansen@archstl.org)

(314) 792-7178

Resources and programs for those experiencing divorce and separation

## **BEREAVEMENT**

### **After Abortion Healing**

*Project Rachel (women)*

[projectrachel@archstl.org](mailto:projectrachel@archstl.org)

*Project Joseph (men)*

[projectjoseph@archstl.org](mailto:projectjoseph@archstl.org)

(314) 792-7565

Help for those grieving pregnancy loss, including the loss of a child by abortion.

### **Bereavement Ministries**

*Office of Laity and Family Life*

[jago@archstl.org](mailto:jago@archstl.org)

(314) 792-7179

Workshops and resources for those who work with individuals who have lost a loved one, lost a job, become displaced by house fire or other disaster, suffered a miscarriage, or is for any reason on the long journey of grief.

## **SENIOR SERVICES**

### **Cardinal Ritter Senior Services**

(314) 752-1901

[www.cardinalritterseniorservices.org](http://www.cardinalritterseniorservices.org)

A complete continuum of care for senior adults

### **St. Robert Adult Day Program**

(636) 916-3709

### **Cardinal Ritter Adult Day Program**

(314) 962-7501

## **EDUCATION**

### **Catholic Education Office**

[www.archstl.org/education](http://www.archstl.org/education)

314-792-7300

Committed to the educational mission of the church in the Archdiocese of St. Louis, the Catholic Education Office offers leadership and service in the ministry of total Catholic education.

## **Continuing Education**

*Pontifical Paul VI Institute for Catechetical and Pastoral Studies*

(314) 792-7450

Paul6@archstl.org

www.archstl.org/paul6

## **Homeschooling Groups**

*Ecclesia Domestica*

[Ecclesiadomestica@att.net](mailto:Ecclesiadomestica@att.net)

www.ecclesiadomestica.org

Support for Catholic homeschooling parents

*Traditions of Roman Catholic Homes (TORCH)*

www.torchhomeschooling.org

Association of lay faithful established to promote homeschooling among Catholic families

## **Today and Tomorrow Educational Foundation**

(314) 792-7622

www.archstl.org/ttef

A not-for-profit corporation established by St. Louis area business leaders and the Archdiocese to receive and distribute significant private contributions to support schools.

## **OTHER MINISTRIES AND RESOURCES**

### **Ministry for the Deaf**

*St. Joseph Institute for the Deaf*

(636) 532-3211

www.sjid.org

*Archdiocesan Deaf Ministry*

[michaelrennier@archstl.org](mailto:michaelrennier@archstl.org)

(314) 792-7026

www.archstl.org/deafministry

Offers a variety of services for deaf and hearing-impaired persons. Offers both religious and social services.

### **Hispanic Ministry**

*Office of Hispanic Ministry*

(314) 792-7890

www.archstl.org/hispanicministry

Together with the Hispanic Pastoral Leaders Group, the office provides direct ministry to Hispanic Catholics across the archdiocese. This means being in contact with Catholics of the archdiocese, and with other archdiocesan offices in order to engage in mutual prayer, service and collaboration.

### **Knights of Columbus**

(203) 752-4000

[info@kofc.org](mailto:info@kofc.org)

Resources for Dads: [www.fathersforgood.org](http://www.fathersforgood.org)

The Knights was formed to render financial aid to members and their families. Mutual aid and assistance are offered to sick, disabled and needy members and their families. Social and intellectual fellowship is promoted among members and their families through educational, charitable, religious, social welfare, war relief and public relief works.



## **OPPORTUNITIES FOR VOLUNTEERING AND CHARITABLE WORKS**

### **Catholic Charities**

(314) 367-5500, ext. 1155

[www.ccstl.org/how-to-help/volunteer.html](http://www.ccstl.org/how-to-help/volunteer.html)

66 different agencies and programs providing services to people in need without regard to religion, race, or national origin.

### **Respect Life Apostolate**

(314) 792-7555

[prolife@archstl.org](mailto:prolife@archstl.org)

[www.archstl.org/respectlife](http://www.archstl.org/respectlife)

Help the Respect Life Apostolate promote the Catholic Church's teachings on respect for and legal protection of every human life from conception to natural death.

### **Lay Missionaries of Charity**

(314) 533-2777

Association of lay persons who take private vows of chastity, poverty, obedience, and whole-hearted service to the poorest of the poor.

### **Prison Ministry**

(314) 652-8062

[info@svdpstl.org](mailto:info@svdpstl.org)

St. Vincent de Paul Society outreach to inmates and their families and to crime victims.

### **Foster Grandparents**

(314) 918-2297

A program in the mold of big-brother/big-sister

### **St. Patrick Center**

Donations

(314) 802-0684

Volunteers

(314) 802-0681

[www.stpatrickcenter.org](http://www.stpatrickcenter.org)

Missouri's largest provider of homeless services.

### **Society of St. Vincent de Paul of St. Louis**

(314) 531-2183

[www.svdepaul.org](http://www.svdepaul.org)

Volunteer program that offers emergency assistance in a personal manner to people in need.

### **Legion of Mary**

[jludwinskis@yahoo.com](mailto:jludwinskis@yahoo.com)

(314) 498-3444

Lay apostolic organization; Emphasis is personal self-sanctification through apostolate of evangelization.